

THE ALUMNI ORANGE & BLACK

NEWSLETTER 

Issue #15-20 August 25, 2020

WASHINGTON HIGH SCHOOL, SIOUX FALLS, SD

Serving the Classes of The Great '50's Decade. Photos and Stories Requested!

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FOURTEEN NEW PATRONS WELCOME AND THANK YOU!



Anonymous Patron
From Sioux Falls



Mary Larson Montoya '59
WHS Senior Photo



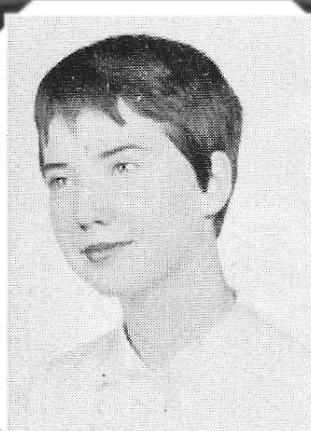
Wally Boersma '54
WHS Senior Photo



John Hedland '58
WHS Senior Photo



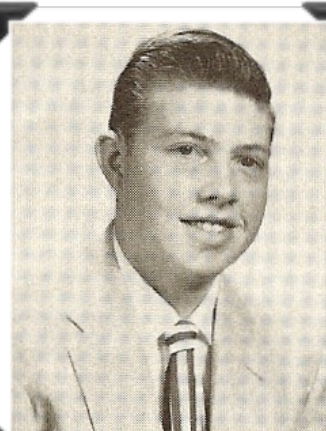
Gary Conradi '57
WHS Senior Photo
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Kathy Rea Conradi '58
WHS Senior Photo



Mavis Larson Carl '55
WHS Senior Photo



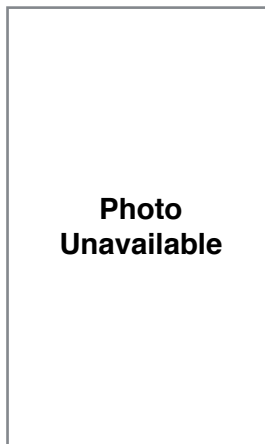
Ronald Carl '54
WHS Senior Photo
Deceased



Shirley Larson Wermers '54
WHS Senior Photo Deceased



Dale Larson '58
WHS Senior Photo



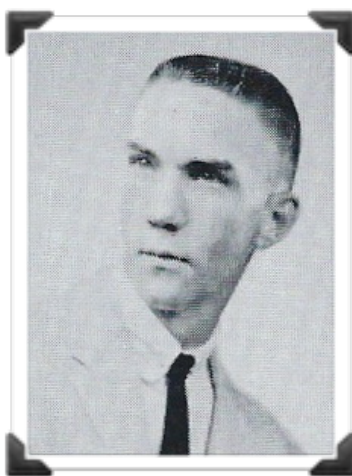
Lyle Larson '61



Mary Lou Jewett '55
WHS Senior Photo
Deceased



Lorraine Fremming Forslin '54
WHS Senior Photo



Deane Grav '58
WHS Senior Photo



Labor Day
Monday, September 7, 2020



	PATRON	DATE	AMOUNT OF GIFT	DONATION ALSO IN MEMORY OF:
1	Dr. Dale '56 & Camille Larson '61 Peterson Wenatchee, WA	Dec. 27 2019	\$1,000.00	
2	Terry Bradley '57, Tillamook, Or.	Feb. 2, 2020	\$100.00	Siblings: Linda Bradley Benson '54, deceased, Nita Bradley Bale '49, Olive Bradley Beckett '48 deceased and Bill Bradley '46 deceased
3	Patricia Jorgensen Palagi '56 Seattle, WA	Feb. 3, 2020	\$50.00	
4	Jim '51 and Myrna Irwin '53 Wylie Prospect Heights, IL	March 6, 2020	\$250.00	
5	Patti "Trish" Wilder Swanhorst '59 Sioux Falls, SD	March 10, 2020	\$100.00	
6	Stuart VanMeveren '58 Sun City, AZ	March 11, 2020	\$50.00	
7	Jim A Carlson '58 Sioux Falls, SD	March 12, 2020	\$58.00	On July 2, 2020 Jim increased his Patron Donation Thanks Jim!
8	Kipp Koester '55 Mequon, WI	March 12, 2020	\$100.00	
9	Royce Adams '58 Sioux Falls, SD	March 12, 2020	Patron requested \$ amount not shown	On April 25, 2020 Royce increased his Parton Donation. Thanks Royce!
10	Bob Berguin '53 Scottsdale, AZ	March 12, 2020	\$152.00	
11	Pete Hegg '57 Sioux Falls, SD	March 12, 2020	\$200.00	
12	Dr. Elliot Miller, '50 Topsham, ME	March 15, 2020	Patron requested \$ amount not shown	
13	Gil Gjere '54 Viborg, SD	March 14, 2020	\$250.00	Siblings: Mary Gjere '58, Helen Gjere '56 deceased, Glenn Gjere '56 deceased.
14	Daryl '55 & Lois Bjerk '58 Fritz Mesa, AZ	March 15, 2020	\$100.00	
15	Marcia Blumberg Oleisky '57 Minneapolis, MN	April 6, 2020	Patron requested \$ amount not shown	
16	James Eastman '59 Placentia, CA	April 6, 2020	\$100.00	
17	Jane "JJ" Anderson Johnson '53 Los Angeles, CA	April 10, 2020	\$100.00	
18	Don Brown '53 Santa Barbara, CA	April 10, 2020	Patron requested \$ amount not shown	
19	Jerry Savold '56 Edwards, CO	April 11, 2020	\$100.00	Brother, Mike Savold '59 Deceased
20	Chuck Erickson '50 Overland Park, KS	April 13, 2020	\$200.00	
21	Dr. Jim Brown '56 E. Wenatchee, WA	April 11, 2020	\$100.00	
22	Darold Gieser '55 Michigan City, IN	April 12, 2020	\$155.00	
23	Barbara Taylor Sampson '62 Sioux Falls, SD	April 13, 2020	Patron requested \$ amount not shown	
24	Judy Stevens '61 Arlington, TX	April 15, 2020	\$50.00	
25	Ken Eisenbraun '58 Bloomfield, Hills, MI	April 14, 2020	\$158.00	

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	PATRON	DATE	AMOUNT OF GIFT	DONATION ALSO IN MEMORY OF:
26	Mary Taylor Herrick '56 Cleveland, OH	April 15, 2020	\$500.00	
27	Roger '55 & Vonda Fritz '56 Peterson Sioux Falls, SD	April 15, 2020	Patron requested \$ amount not shown	
28	Dr. Michael '56 & Carla Thoele '56 Gibson Reno, NV	April 18, 2020	\$50.00	
29	Roger '55 & Permella Bedford '56 Kielman Peoria, AZ	April 20, 2020	\$100.00	
30	Merlyn "Chris" Christensen '54 Hudson, NH	April 21, 2020	\$100.00	
31	Dick Jensen '55 Naperville, IL	April 22, 2020	\$100.00	
32	Betty Holmoe Pfeifle '52 Sioux Falls, SD	April 20, 2020	\$100.00	
33	Walt Leyse '50 Sioux Falls, SD	April 20, 2020	\$100.00	
34	Tom '55 & Marilyn Rush '56 Simmons Gold Canyon, AZ	April 30, 2020	\$50.00	
35	Terry Robinson '57 Peoria, AZ	April 30, 2020	\$57.00	
36	Bob '55 & Peg Ogle '55 Berdahl Portland, OR	May 1, 2020	\$100.00	
37	Sharon Frank Johnson '53 Sioux Falls, SD	May 8, 2020	\$50.00	
38	Gene Bushnell '56 Rapid City, SD	May 8, 2020	\$100.00	
39	Terry Feay '56	May 12, 2020	\$60.00	
40	Dennis York '55 Rapid City, SD	May 12, 2020	\$100.00	
41	WHS Class of '54	May 14, 2020	\$300.00	
42	Dick Sweetman '54 Sioux Falls, SD	May 15, 2020	\$100.00	
43	Warner '54 & Karen Gurley '54 Brown Scottsdale, AZ	May 20, 2020	\$100.00	
44	Ronald Larson '59 Sioux Falls, SD	May 23, 2020	\$100.00	
45	Dr. Glenn Gravelle '58 Centennial, CO	May 26, 2020	\$158.00	
46	Dave '56 & Barbara Lease '55 Quigley Green Valley, AZ	May 13, 2020	\$100.00	
47	Wayne Gustafson '54 Rapid City, SD & Surprise, AZ	May 29, 2020	\$250.00	
48	Sherrill Wilcox Pohl '52 Amarillo, TX	June 9, 2020	\$25.00	
49	Marlene Rance '61 Sioux Falls, SD	June 11, 2020	\$100.00	
50	Lloyd '56 & Bernita Hagen '59 Greiner Loveland, CO	June 12, 2020	\$115.00	

	PATRON	DATE		DONATION ALSO IN MEMORY OF:
51	Harold Rudisill '56 Palm Springs, CA	June 15, 2020	\$100.00	
52	Patricia O'Rielly Miller '59 Chicago, IL	June 12, 2020	\$500.00	
53	Dennis Luce '54 Rapid City, SD	June 16, 2020	\$100.00	
54	Jody Syverson Vanderploeg '54 Okoboji, IA	June 18, 2020	\$100.00	
55	Vincent Keenan '59 Sioux Falls, SD	June 18, 2020	\$100.00	
56	Barbara James Bymes '57 Overland Park, KS	June 30, 2020	\$100.00	
57	Hal Erickson '54 Surprise, AZ	July 1, 2020	\$100.00	
58	Dick Wold '53 Sioux Falls, SD	July 1, 2020	\$100.00	
59	Doug Olson '56 Avon, Ohio	July 2, 2020	\$100.00	
60	Roger Teigen '56 Norman, OK	July 7, 2020	\$250.00	
61	Tom '58 & Linda McCahren '59 Graham Sioux Falls, SD	July 12, 2020	\$200.00	
62	Dixie Utesch Tilden '58 Montevideo, MN	July 15, 2020	\$200.00	
63	Dean Mann '50 Sioux Falls, SD	July 20, 2020	\$50.00	
64	Andy Weber '52 Houston, TX	July 24, 2020	\$100.00	Sister, Mildred "Millie" Weber Edwards '53 - Deceased
65	Romain Oliver Nelsen '53 Davis, CA	July 24, 2929	\$100.00	
66	Anonymous Patron Sioux Falls, SD	July 30, 2020	\$100.00	
67	Mary Larson Montoya '59 Sioux Falls, SD	August 1, 2020	\$100.00	
68	Wally Boersma '54 Marshall, TX	August 1, 2020	\$50.00	
69	John Hedland '58 Anchorage, AK	August 4, 2020	\$100.00	
70	Gary '57 & Kathy Rea '58 Conradi Sioux Falls, SD	August 4, 2020	200.00	
71	Mavis Larson Carl '55 Sioux Falls, SD	August 5, 2020	\$120.00	Husband, Ronald Carl '54, deceased; Sister, Shirley Larson Wermers '54; Brothers, Dale Larson '58; & Lyle Larson '61; Dear friend, Mary Lou Jewett '55 deceased.
72	Lorraine Fremming Forslin '54 Bloomington, MN?	August 8, 2020	\$100.00	
73	Deane Grav '58 Sun Lakes, AZ	August 20, 2020	\$25.00	

Due To Health Issues I Am Forced To Make This Issue Of The O&B Newsletter Shorter Than Usual.

For the past few years I have had increasing lower back pain. My doctor has told me it was arthritis developing from sitting at my computer for too many hours each day but it was always something I could deal with until July 15, 2020

I am told that on July 15th the arthritis in my lower left back began pinching the sciatic nerve in my left leg all the way down to my left knee. The pain has been quite disabling and has now been going on for 42 days. Prior to July 15th my average weight was about 235 pounds but today, 42 days later, I only weigh 208 pounds. Because of the strong pain medication I have been on, and the extreme weight loss that has made me very weak I have only been able to work at my computer for about an hour a day.

Another frustrating concern from all of this, (weight loss and medications), I am suffering from a considerable amount of deterioration of my thought process, clarity of thinking and my speaking ability. An example of this is that in the past it would take me about an hour to do a simple average Special Edition obituary for one of our classmates. (Complicated ones have taken as much as 2 days.), but the average non complicated one in the past have taken about an hour. Now even the simplest ones are taking me 3 hours. My mind is just no longer functioning clearly and quickly. All of my life I have been a total optimist and that has not changed. I am totally optimistic that all of this will return to normal in time.

Tomorrow afternoon I am scheduled for a CT Scan for my lower back and lower abdomen. Needless to say I am anxious to learn the results.

One of my biggest concerns is my being capable of continue to spend the necessary time at my computer primarily for the O&B, but also for my private businesses. Since the beginning of 2020 the demand on my time from all of those entities has more than doubled. For example I usually publish 11 or 12 WHS O&B Newsletters for the entire year. This is the 15th newsletter through August of this year and I am almost certain that the number of Special Editions will surpass 100 for the first time.

PLEASE, DO NOT TAKE THIS LETTER AS ME COMPLAINING!!!! I assure you I will NEVER complain about the work associated with producing the O&B. I am just concerned about the unknown future and want you to understand and please bear with me. Right now I am terribly far behind in articles and letters to the editor not to mention your private letters I need to answer.

I will never be able to adequately express my appreciation to all of you Patrons for your overwhelming support of my efforts. And for each of you to know that if my efforts now should fall short of your expectations I will unquestioningly refund your entire donation. You will just need to ask.

To end this I have a question to ask each of you, especially to those of you in the medical field. Debra and I have had a procedure known as **Prolotherapy** recommended to us. The Internet defines it as:

Prolotherapy (Proliferative Therapy), also know as Non-Surgical Ligament and Tendon Reconstruction and Regenerative Joint Injection, is a recognized orthopedic procedure that stimulates the body's healing processes to strengthen and repair injured and painful joints and connective tissue.

Please let me know if any of you have experience or knowledge of Prolotherapy.

Jack '54

p.s. to Dean Mann '50; Dean, I haven't forgotten your country music CD.